

# How to Create Your WorryWoo

Student Name: \_\_\_\_\_

**What is a WorryWoo Monster?** A WorryWoo Monster is a character based on an emotion that we all have felt. Some examples of WorryWoo emotions are loneliness, confusion, worry, frustration and insecurity. Can you think of other feelings?

Creating a WorryWoo Monster of your own can be lots of fun, since it allows you to express how you feel at any given time. The most important part of a WorryWoo Monster is that it helps you see the positive side of emotions. Create your very own WorryWoo by answering the following questions:

What emotion would you like your WorryWoo to express?

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What colors do you think of when you think of this emotion?

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What would you like to name your WorryWoo? (Example: Nola, The Monster of Loneliness)

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Describe the world in which your WorryWoo Monster lives (trees, colors etc)?

What would you like your WorryWoo Monster's message to be? (Example: Wince, The Monster of Worry's message is Don't Feed The WorryBug or your worries will grow.)

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Having trouble coming up with a name or story about your WorryWoo? That's okay, take a minute to read a WorryWoo story and use that to help create your own character and storybook.

# My WorryWoo Features

Student Name: \_\_\_\_\_



Use this page to draw the features of your WorryWoo. Use the shape of your WorryWoo to help come up with the shape of your features. Remember there is no wrong shape!

Draw your WorryWoo's body shape here:

Draw your WorryWoo's eyes.

Draw your WorryWoo's hands and feet.

Does your WorryWoo have a tail, horns or wings? If so, show how they look.

What other interesting features does your WorryWoo have?

# My WorryWoo Monster Sketch

Student Name: \_\_\_\_\_

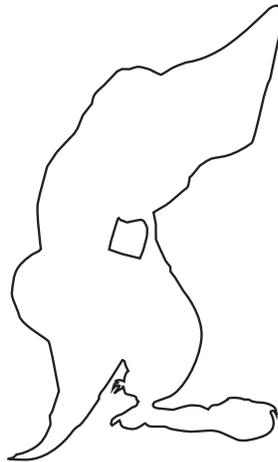


Use this page to practice drawing the shape of your WorryWoo Monster or use some of the existing WorryWoo shapes to help get you started on drawing your own WorryWoo.



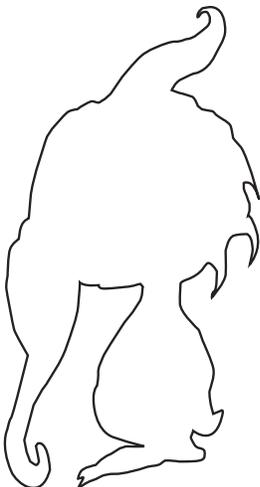
Practice #1

Draw Your Own WorryWoo Shape Here



Practice #2

Draw Your Own WorryWoo Shape Here



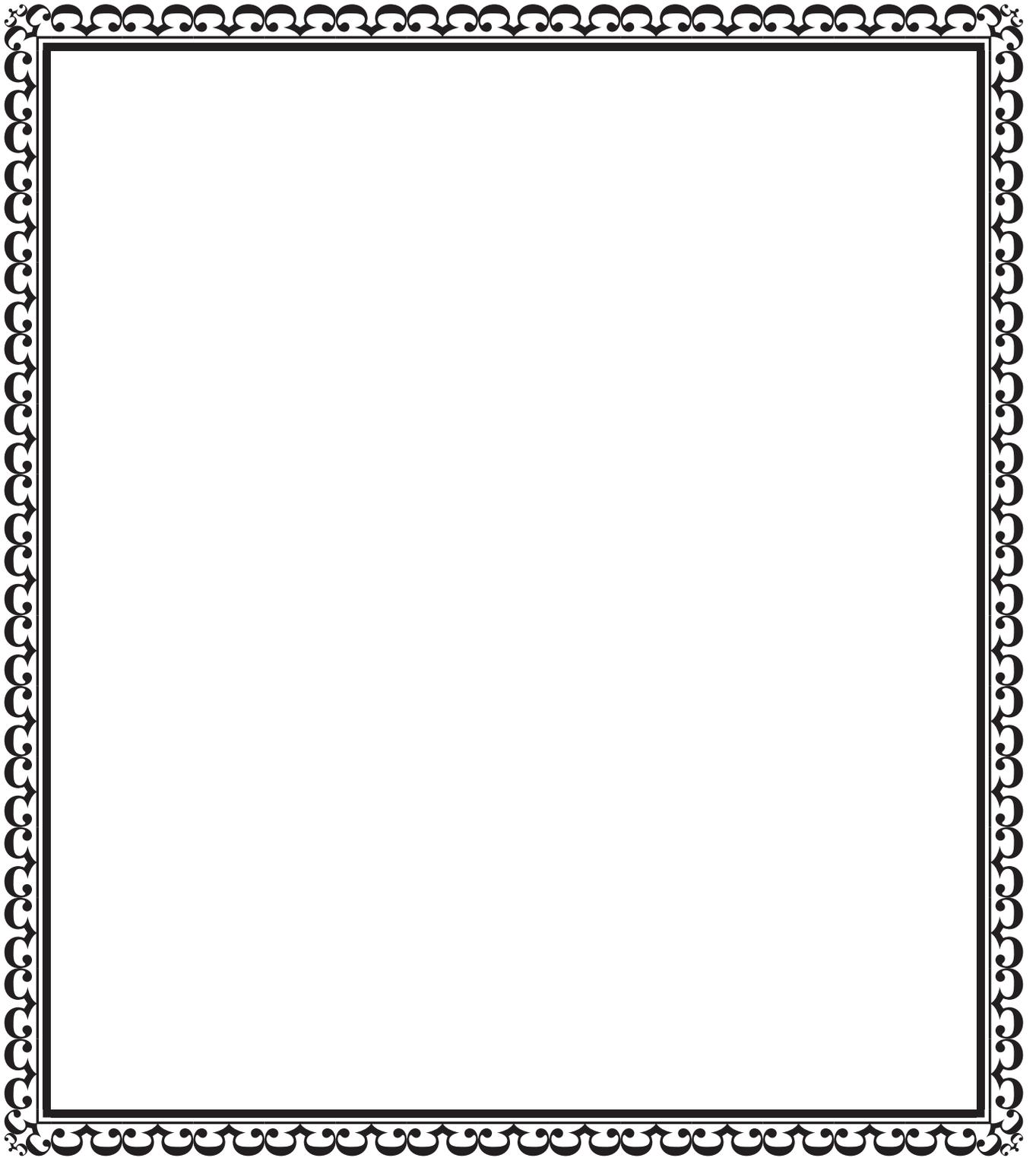
Practice #3

Draw Your Own WorryWoo Shape Here

# A Portrait of My WorryWoo



Student Name: \_\_\_\_\_



WorryWoo Name: \_\_\_\_\_

WorryWoo Emotion: \_\_\_\_\_